# Lakeside Christian Fellowship **Ripples**

#### FEBRUARY 2015

## Dear Members and Friends,

By the time you receive this edition of 'Ripples', January will be coming to an end. February follows, and as we know, it is the shortest month of the year. February is remembered for many things, especially Valentine's Day or St. Valentine's Day which is celebrated in many countries but is an official holiday in but a few. Several stories of early Christian martyrs were invented to commemorate the death of several men named Valentine. One such account of Saint Valentine of Rome suggests that he was jailed because he officiated at weddings of soldiers who were forbidden to marry because they fraternized with Christians who in turn were persecuted by Rome. Legend has it that before he was executed St. Valentine healed a daughter of his jailer. An embellishment of the story has it that he wrote her a letter before his execution and signed it "Your Valentine".

Valentine's Day was first associated with romantic love during the time of Chaucer in the Middle Ages. At that time the tradition of courtly love flourished. It gradually evolved into an occasion when lovers expressed their devotion by offering flowers, candy and greeting cards to their beloved. Typical symbols of love used in these "valentines" were heart shapes, doves and figures of Cupid.

Today many and various valentines are offered to significant others, family members and friends. It is especially popular to offer valentines to children.

It seems to me that God has given us the most magnificent Valentine of all - His love through Jesus Christ. Who has said it better than John in his Gospel, chapter 3:16 - "God so loved the world that He gave His only Son, so that everyone who believes in Him may not perish but have eternal life."

Unlike human love can be, God's love is unconditional and sacrificial. May you know God's love in your life and be able to share His love with those you meet each day.

In His Love. Pastor Rick

#### VOLUME III, NUMBER 2

- IN THIS ISSUE
- 6 HEALTH WATCH!!
- 10 MONTHLY CALENDAR
  - 11 BIRTHDAYS & ANNIVERSARIES

Leadership Council Report

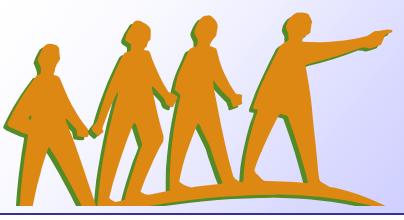




A family of faith connecting people to Christ and to each other!

#### Lakeside Christian Fellowship Extended Leadership Council Contact List (January 2015)

Dan Olson - Moderator	dolson10@austin.rr.com	512-267-2374
		512-267-0809
Dave Freeman - Stewardship Commission Chair	djfreeman@austin.rr.com	
Scott Cameron - Treasurer	hscameron@sbcglobal.net	512-921-2419
Dayle Aulds - Secretary	dayle78645@att.net	512-633-2127
Jim Rife - Building & Grounds Commission Chair	jkrife@hotmail.com	214-728-4303
June Freeman - Faith in Action Commission Chair	sfreeman12@austin.rr.com	512-267-0809
Rodger Elliott - Worship Commission Chair	rodger_elliott@hotmail.com	512-355-3237
Ginger Halsted - Pastoral Relations Commission Chair	vhalsted@sbcglobal.net	512-267-1628
Pastoral Relations Commission		
Ginger Halsted - Chairman	vhalsted@sbcglobal.net	512-267-1628
Dick Humphrey - Member	humphrey26r@yahoo.com	512-267-4155
Sharon Killough - Member	shark3@austin.rr.com	512-267-2625
Barbara McClaid - Member	mcclaid@wt.net	512-697-9776
Clyde Hance - Member	hansue@msn.com	512-267-9336
Lil Burch - Member	raylilpv@aol.com	512-267-2278
Dick Sanders - Member	sanders1864@att.net	512-267-4859
Ministries Commissions		
Chuck Smith - Ministries Coordinator	chucksmith_lv@yahoo.com	512-922-6233
Donna Nash - New Member Chair	waynnsh@aol.com	512-267-5947
Mary Ann Childs - Congregational Care Co-Chair	None	512-517-3231
Dorothy Gudgell - Congregational Care Co-Chair	paul1918@aol.com	512-267-3717
Linda Harting - Fellowship/ Hospitality Chair	ldhart3640@sbcglobal.net	512-267-1280
June Freeman - Volunteer Resources Chair	sfreeman12@austin.rr.com	512-267-0809
Nancy Currier - Historian	jncfish@runbox.com	512-267-2192
Rev. Chuck Smith - Minister of Outreach	chucksmith_lv@yahoo.com	512-922-6233
Rev. Rick Waters - Pastor	rickwaters2@austin.rr.com	267-2877 & 850-7114 (M)
Linda Anderson - LCF Office Manager	office@lakesidechristians.org	267-1700 & 626-0797 (M)



#### LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for January 12, 2015

OPENING REMARKS: Dan Olson Dan stated we have Nominating Committee - Rodger moved, seconded by Scott two new Council members, June Freeman and Dayle Aulds, that Burt Burchette be selected and that the Council is an excellent one and that we have lots to do this year. Offering at Special Services: It was decided that a plate would be put at the front door for voluntary contributions that FINANCIAL UPDATE: Scott Cameron Scott passed out will be used only for charitable purposes. the Executive Summary for January through December 31, Guest Warwick Andrews brought up a discussion about the 2014. risers, he thinks we should build new risers with a 6" step-up STEWARDSHIP COMMISSION: Dave Freeman Dave platform. stated that the budget will be submitted to the congregation on Sunday, January 18, 2015, and that he will prepare handouts Warwick made a request that the back post in the room (behind for people to have to study. Regarding the signs, he will order the alter) be moved two yards towards the back. After much one to make the church sign a double-decker; and signage in discussion Dan said that the owners will not permit the post to Jonestown is ready to be installed. be moved. **BUILDING & GROUNDS & SOUND SYSTEM UPDATE:** Check-Signing Authorization: Dave moved, seconded by Chuck Smith Chuck said the sound system work already Ginger, that Dan, Dayle, Scott, Rodger and Ginger be authorin progress is good - we just need to see what microphones to ized to sign on the checks. The motion was approved unanibuy - it's a low priority project that could possibly use Memomously. Dayle will prepare a statement for the bank authorizrial Fund funds. ing the signatures. FAITH IN ACTION June Freeman June said our "Souper Advertising Options: Dave asked the members to visualize Bowl" contributions will go to Hill Country Ministries. the large postcard that Blue Santa sends out each year, and suggested it might be economically feasible to do that if we ask **PASTORAL RELATIONS UPDATE: Ginger Halsted** three or four other churches to join us on the postcard. He also Ginger said that there is an ongoing saga of the pianist hunt. mentioned putting information in the city's water bills. He She has searched the American Guild of Organists and given 7 said we must look at our community's demographics and then names to Bill Parcher. Sue Broker will be playing this Sunday. decide how to reach people. He asked Dan to appoint a com-A David Capellano is interested, but his wife is having back mittee of three people to study the issues and make a report surgery and he will be out for 6-8 weeks with her. Ginger back to the Council. He, Dave, volunteered to be one of the made a motion, seconded by Scott Cameron, that the pay be three people, with the other two coming from the congregation. \$85 per Sunday for each substitute. The motion was approved unanimously. Singles Support Group: This is something that Scott and Rick were very supportive of, stating that such a group has WORSHIP COMISSION: Rodger Elliott The Christmas already been started. wreaths are stored in the boxes above the cabinets in the kitchen. He will talk to Nancy Meierhoff, president of the HCS, Dan reported to the Council that Enrique's two furnaces in his about the risers. building were destroyed by a power surge, and that they will be very expensive to replace. After discussion, Dave moved, se-**OUTREACH & MINISTRIES: Chuck Smith** Alzheimer's conded by Rodger, that we advance him 3-5 months of rent if & Cancer support groups moved to the Lago Vista Library to that would help him not to have to take out a loan. The motion have their meetings. For the Cancer group, there will be propassed unanimously. grams on the 1<sup>st</sup> and 2<sup>nd</sup> meetings. The Alzheimer's group will see a movie "Still Alive". Donna and Dave will talk to with Everyone was reminded of the Bike Race on March 7 & 8, and the Ministerial Alliance about the Alzheimer's group. that we would not have church that Sunday. ITEMS FOR DISCUSSION Congregational Meeting Jan-Respectfully submitted, uary 18 – Dave will do handouts; Approve Budget; Approve Dayle Aulds, Leadership Council Secretary June Freeman for Faith in Action; Replace Bonnie Rife on the COUNC HURCH

# **Christian Woner's February 15th**, 2015 5:00 to 8:00 PM Point Venture Club Room



Fundraiser Dinner

Join Us For

"Happy Days"

**\$15 per Ticket** Tickets can be purchased from Barbara McClaid or Lil Burch!!







Hamburgers Hot Dogs Root Beer Floats & Entertainment!



## Lakeside Christian Women's Fellowship

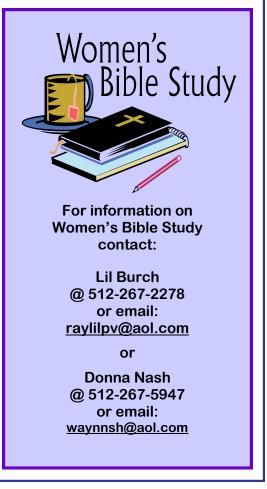
The CWF met on Monday, January 19. After the opening song of *This Is the Day*, and opening prayer, Donna Nash welcomed all of the guests, including several men from our congregation. She called on Jean Andrews, who gave the devotional.

After that, the speaker, Greg Myhra spoke, with his program entitled, *The Brown Bag Special*. He is a pharmacist, who has recently retired, but had lots of information and suggestions about how to get good health care. One was that we should ask our pharmacist if we have a medical need, because the pharmacist can answer our questions and alleviate the need for a doctor's appointment. Another very useful tip he gave was on how to dispose of unused capsules or tablets. He advised taking the capsule apart and dropping the insides into some water to dissolve it. Also, cut the tablet into small pieces and also put that into water to dissolve. Then put the whole mixture into a zip lock bag and dispose of it in the regular trash. The program was quite interesting and entertaining.

After the program, the business meeting was called to order. The minutes were approved as read, and the Treasurer's Report shows a balance of \$536. The meeting adjourned for the luncheon. The next meeting will be on February 16, 2015, and the program will be on Hospice Services, by Steve Parker.

#### Women's Bible Study

The study on Amos, a prophet to Israel, called by the Lord in 760 B.C., will be completed on January 28th. On February 4th, we will examine the shortest book in the Old Testament, Obadiah, a prophet from Judah, who told of God's judgment against the nation of Edom. Dayle Aulds will introduce us to the Major and Minor Prophets on February 11th. The group has selected to read & discuss the best seller book, "The Harbinger" for several weeks: February 18th - March 18th. The revelation of Shemitah will be revealed to us on March 25th and April 4th. A new series on John, the Apostle, entitled "I Am", will begin in April, date to be announced. All LCWF women, friends and neighbors are invited to meet each Wednesday at 9:30 am in the LVPOA Bluebonnet Room on Boggy Ford & Highland Lake Dr. Contact Lil Burch or Donna Nash for more information.



**Health Watch** 

# **Allergies and Sleep!!**



We are in the middle of Cedar Fever Season. The following are some ideas about how to deal with your allergies, whatever they may be, and getting a good night's sleep.

Sneezing, runny nose, postnasal drip, watery and itchy eyes -- whether it's symptoms or the medication you use to treat them that's keeping you up, allergies can make it hard for you to get a good night's sleep.

When your nose is stopped up and you start breathing through your mouth, it can irritate your throat. You're also more likely to snore – which may disturb your bed partner, too. If you have sleep apnea, congestion makes it worse

Allergies can also cause headaches and even wheezing at night. And then there's postnasal drip -when mucus drips down the back of your throat, it can cause you to cough. Just when you were finally dropping off...

But you don't have to take all this lying down, so to speak.

#### **How to Control Allergies** and Get Some Sleep

- The first thing to do is to avoid things that trigger your allergies, like dust mites, pet dander, or pollen.
- Get hypoallergenic pillows and bedding. Pillow and mattress covers may help.
- If you have pets in the bedroom or bed, consider finding someplace else for Fido or Kitty to nap.
- Check your home's heating and air system and consider an upgrade with better air filtration, if needed.
- Vacuum carpets and furniture regularly. Newer vacuums are much better at actually capturing allergens and not just kicking them up in the air.

If you use a humidifier, change the water • regularly, so mold doesn't grow.

#### **Allergy Treatments**

If that doesn't work, some over-the-counter and prescription treatments include: Saline nasal flushes. This is a drug-free way to relieve congestion. The effects may not last long. Nasal decongestant sprays. These sprays can help clear your nose, but you should not use them for more than 3 days. Using them longer can actually make you more stopped up. Nasal decongestant pills or liquids. These also work well and can provide long-lasting relief, but you may not want to use them at night. Some can keep you awake, especially those with pseudoephedrine or phenylephrine. Antihistamines. They will dry up your runny nose and postnasal drip, but they can have side effects such as dizziness, blurred vision, and a "hangover effect" of sleepiness the next morning. You shouldn't use them long-term. **Steroid nasal sprays**. These sprays actually help stop your immune system from overreacting to things you're allergic to. They take a while to work, but they do help prevent symptoms when used regularly.

If allergies are keeping you from getting the sleep you need, or medication side effects are bothering you, talk to your doctor or see an allergist for a complete evaluation and treatment options. A good night's sleep is within your reach!



#### Treasures

Most people think that treasures come in silk-lined jewelry boxes, Or from beneath the earth in chests, old and dirt-encrusted. But let me tell you what a treasure truly is to me So you will recognize if one is given to you to see.

A treasure is a smile from a friend who cares for you, It's a sympathetic shoulder to cry on when you're blue. It's knowing you can call on them in a time of dire need Or asking that a prayer be said and knowing they'll take heed.

A treasure is a tear that's shed because someone understands And wants to share the hurt with you and lend a helping hand. It's knowing there are people who won't condemn you when you're wrong, But are ever standing willingly to help you to be strong.

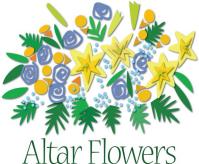
Treasures are the little things friends do for one another Without a thought for self and not expecting to recover. These are the treasures | value most and would not trade for gold, And |'ll remember all my friends as treasures that | hold.

> Bonnie Rife July 1980

# Flowers -One of God's most beautiful gifts to us!

Remember your loved ones, celebrate a special occasion, rejoice in our church by supplying the flowers for our worship service. If you would like to provide flowers for a Sunday service please sign up on the Flower Chart posted on the bulletin board in the Worship Center and

contact Mary Ann Childs at 512-517-3231 to place your order. Let the church office know if you would like something printed in the bulletin for your special occasion!



"We were on the way out the door before I remembered I needed something for the Valentine party at Sunday school"



#### Lakeside Christian Fellowship Men's Group

The Lakeside Christian Fellowship Men's Bible Study is led by Pastor Chuck and meets on the 2nd. and 4th. Tuesday each month in the Worship Center. We are studying a book "The GOD We Can Know — Exploring the "I AM" Sayings of Jesus". It is a fascinating study and will strengthen your faith. The men enjoy a light breakfast at 8 AM and Bible Study is from 8:30-9:30. Please join us, all men of the area are invited to attend!

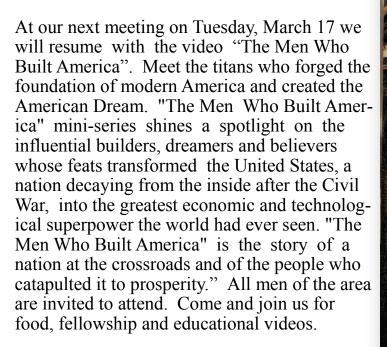


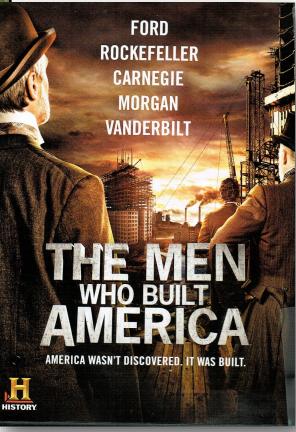
#### Men's Point Venture Breakfast Group 1st and 3rd Tuesdays at 8:30 AM, Point Venture POA Club Room Spring Session beginning March 3, 2015

Men's Breakfast will resume on Tuesday, March 3 after a two month pause. Out last action in December was to donate \$600 to Blue Santa. For our first meeting of 2015 we will have a speaker from the Balcones Wildlife Refuge to tell us about the refuge. It will be very interesting to hear how the refuge has changed since its inception.

**Golden-cheeked Warbler** 

**Black-capped Vireo** 





Church Office Hours: Wednesday and Thursday from 9:30 am to 3:30 pm.						
SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	Friday	SATURDAY
v		informatior CF website lechristians	at			
1 9:30 AM Sunday School @ ReMax Bldg 10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center	2 6:00 PM Hill Country Singers Rehearsal @ Worship Center	3 6:00 PM Hill Country Singers Small Groups @ Worship Center	4 9:30 AM CWF Bible Study @ Bluebonnet Room 4:00 PM Lakeside Singers Rehearsal @Worship Center	5 10:30 AM Alzheimer's Support Group @ LV Library	6	7
8 9:30 AM Sunday School @ ReMax Bldg 10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center	9 3:00 PM Leadership Council @ Worship Center 6:00 PM Hill Country Singers Rehearsal @ Worship Center	10 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center 6:00 PM Hill Country Singers Small Groups @ Worship Center	11 9:30 AM CWF Bible Study @ Bluebonnet Room 4:00 PM Lakeside Singers Rehearsal @Worship Center	12 6:30 PM Cancer Support Group @ LV Library	13	14
15 9:30 AM Sunday School 10:30 AM Worship Service 5:00-8:00 PM Christian Women's Fellowship Annual Dinner @ PV Club Room	16 10:30 AM Christian Women's Fellowship Monthly Meeting @ Bluebonnet Room 6:00 PM Hill Country Singers Rehearsal @ Worship Center	17 6:00 PM Hill Country Singers Small Groups @ Worship Center	18 9:30 AM CWF Bible Study @ Bluebonnet Room 4:00 PM Lakeside Singers Rehearsal @Worship Center	19 10:30 AM Alzheimer's Support Group @ LV Library	20 DEADLine	21
22 9:30 AM Sunday School @ ReMax Bldg 10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center	23 6:00 PM Hill Country Singers Rehearsal @ Worship Center	24 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center 6:00 PM Hill Country Singers Small Groups @ Worship Center	25 9:30 AM CWF Bible Study @ Bluebonnet Room 4:00 PM Lakeside Singers Rehearsal @Worship Center	26	27	28



Frank Robbins	1
Bob Lehigh	
Sharon Killough	5
Page Massey	6
Hank Riemer	7
Jim Wood	9
Don Shafford	. 16
Frank Smith	.20
Mary Ann Childs	.22
Juné Freeman	
Carolyn Schodde	.24

Jim & Pat Bernhard 2/11



If you would like your dates to be included please send your information to the church office!! E-Mail to Linda at: office@lakesidechristians.org

#### Prayer Corner By Dayle Aulds

Jesus, the ache within our hearts for peace is unrelenting. Though I already get sucker punched by the tantalizing illusion that peace can be found in something or someone else.

Some days, Jesus, I get lost in the world of "if only." If only there were fewer tensions in any of my relationships, I'd be a happy man. If only the phone wouldn't ring again, demanding a little more of me than I have to offer, I'd be fine. If only I lived somewhere else, worked with different people, had a different body, had more money, had fewer hassles, had a different spouse, had never been deeply wounded, were twenty years younger.

Indeed, Jesus, you alone this day and every day are the Prince of peace. Only in union with you, only in communion with you do I find the true and sufficient peace for which I long. I join the chorus of those who cry out, "Blessed is the king who comes in the name of the Lord!" (Luke 19:8), For You, Jesus, are the king of glory and grace. I pray in your faithful name.

Amen.

#### January, 2015

Average Sunday Attendance	96
Membership	129 (81 families)
YTD Offerings	\$16,915.
YTD Expenses	\$13,757.

### Lakeside Christian Fellowship

Worship Location 1922 American Drive, Lago Vista

Office 1918 American Drive, Suite 3, Lago Vista 512-267-1700, office@lakesidechristians.org

Mailing Address P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor Rev. Chuck Smith, Minister of Outreach & Ministries

A family of faith connecting people to Christ and to each other!

#### LAKESIDE CHRISTIAN FELLOWSHIP

P.O. Box 4874 Lago Vista TX 78645

Phone: 512-267-1700 office@lakesidechristians.org



www.lakesidechristians.org

