

Lakeside Christian Fellowship Ripples



MAY 2015

VOLUME III, NUMBER 5

TO EVERYTHING THERE IS A SEASON

Back in the 1960's a rock group called The Byrds from California recorded a song titled "Turn, Turn, Turn." It was based on the third chapter of the Old Testament book of Ecclesiastes. The chorus reads: "To everything, turn, turn, turn, there is a season, turn, turn, turn and a time to every purpose under heaven."

The last week of March and the first three weeks of April, this church has experienced heartache beyond measure. We went through a season of grieving, mourning the loss of loved ones and friends. And for some, the season of mourning is a long one. However, our losses will usher forth hope for the future so that someday we may be reunited with our loved ones.

The spring season brings new growth to the land around us – the grass turns green, leaves fill the trees, flowers bloom brightly, our roadways in Texas abound in wildflowers. Each spring brings a season of vitality and growth. In nature this happens yearly following months of cold where every living thing in nature looks dead, then comes a newness, a refreshing breeze, a shower or two and a warming of the weather. So too, says the writer of Ecclesiastes, there is also a time, a season for joy – a time to make new.

The apostle Paul writing to the Corinthian church, "I declare to you, brothers and sisters, that flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable. Listen, I tell you a mystery: We will not all sleep, but we will all be changed – in a flash, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, the dead will be raised imperishable, and we will be changed. For the perishable must clothe itself with the imperishable, and the mortal with immortality. When the perishable has been clothed with the imperishable, and the mortal with immortality, then the saying that is written will come true: "Death has been swallowed up in victory." "Where, O death, is your victory? Where, O death, is your sting?" ... Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain."

Remain in good faith for the Lord God is faithful!

Pastor Chuck

IN THIS ISSUE

- 6 HEALTH WATCH!!
- 10 MONTHLY CALENDAR
- 11 BIRTHDAYS & ANNIVERSARIES

Leadership
Council
Report
3



Christian
Women's Fellowship



5

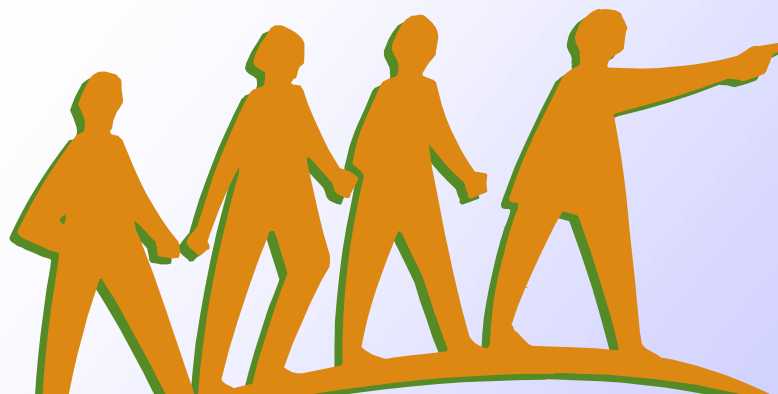


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**Lakeside Christian Fellowship
Extended Leadership Council Contact List (January 2015)**

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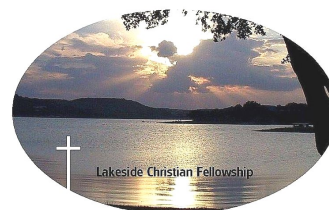


LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for April 13, 2015

*Submitted by Dayle Aulds
Leadership Council Secretary*

The meeting was chaired by Moderator, Dan Olson. The following items were on the agenda:

- (1) A proposed draft of the By-Laws to clarify the duties of the Nominating Committee;
- (2) A request from guests, Tom Gardner and Burt Burchette, members of the Nominating Committee that a survey be made of comparable-size churches in the area to see how they set up their administrative and committee structures to see if some efficiencies could be achieved in our structure. It was agreed that Pastor Chuck would conduct such a survey and report back to the Council.
- (3) The new Bible stand made by Clyde Hance was pointed out. Other people who made special contributions in the month of March were Linda Harting for the Pot Luck Lunch on March 29; Mary Ann Childs for the Easter Lilies; and Rodger Elliott and Clyde Hance for the Easter Sunrise Service.
- (4) There was discussion about the Benevolence Policy, with some concerns expressed about possible abuses of it, but after discussion, it was decided that the policy will stay as it is.
- (5) Under Pastoral Relations, Ginger reported that Sue Broker and Karen Adams continue to be satisfied with the arrangements for them to share the piano-playing duties. For funerals and specials occasions, families will be asked to make an honorarium to the piano player.
- (6) Under Outreach and Ministries, Pastor Chuck reported that the Director of Hill Country Ministries had resigned effective May 1, that there is an interim director in place and a search committee at work. He reminded members of the special session at the library on April 16, featuring information about Medicaid and Medicare.
- (7) A new church business card was approved, using the word "guests" rather than "visitors".
- (8) Future business will include the start of the 2016 budget planning.
- (9) An announcement that there will be an "In God We Trust" Parade on Thursday, May 7, at 7:00 p.m.; marching down Dawn Drive with a police escort and arriving at the gazebo in front of City Hall. It's in honor of the National Day of Prayer and the Jesus Walk.



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5th Sunday Pot Luck Luncheon!

Our first Pot Luck Luncheon of 2015 on March 29 was very successful. Delicious food was served to 54 people in the Bluebonnet Room of the LVPOA. Linda Harting and Joy Webb with assistance from others planned an excellent event and everyone enjoyed great food and

fellowship! We distributed 11 invitations to members of LCF to give to friends and neighbors and we had two people who came after receiving invitations. The invitations to the potluck are shown to be an effective way to reach out to the community. The next 5th Sunday Pot Luck Luncheon will be after worship on Sunday, May 31. Invite your friends!!



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Lakeside Christian Women's Fellowship

The meeting was called to order on May 20, 2015, by president, Donna Nash, after the group sang "This Is the Day". After the opening prayer, the devotional was given by Dayle Aulds, featuring the "In God We Trust" theme on a penny. The minutes were read and approved, and the treasury stands at \$1,148.12.

Sharon Waters introduced the speaker, Nancy Coldicott, one of the best-known and highly respected members of the community, as she owns the physical therapy studio in Lago Vista. She is also the mother of triplet girls whom many Lago Vista women helped to take care of when they were born and after that. She advised the group she graduated from the University of Texas Health Center in San Antonio.

She advised that her theme was going to be a message that would actually help us make our lives better - so we would never have to come see her! She then listed in order the top ten injuries and conditions she sees in her practice. For each condition, she demonstrated exercises that could be done to prevent those injuries. They are: #1 - back injuries; #2 - knee injuries; #3 - shoulders; #4 - feet; - #5 - neck pain; #6 - falls, in general; #7 - hips; #8 - ankles; #9 - thoracic spine; #10 - elbow & wrist.

At the end of her extremely informative and practical program, every member had plenty of knowledge as to how to prevent all of those types of injuries or conditions.

The next Bible study was announced by Lil Burch; members were asked to think about possible recipients for the Ways & Means fund distribution; there will be an upcoming estate sale for Sue Hance. Hostesses for the luncheon were Janette Howle & Bev Olson, using a pastel Spring theme.

The last meeting of this club year will be on Monday, May 18, 2015, and will be Friendship Day in which each member is urged to bring a friend. The program will be given by Donna Nash, and its title is "Get Physical: (age-appropriate) Activities". This will be a salad luncheon so please bring a salad to share.

Dayle Aulds, Publicity Chair



For information on
Women's Bible Study
contact:

Lil Burch
@ 512-267-2278
or email:
raylilpv@aol.com

or

Donna Nash
@ 512-267-5947
or email:
waynnsh@aol.com



**The summer visitation & luncheon
outing schedule will be:**

**June 15, 2015
July 20, 2015
August 17, 2015**

**All members are encouraged
to participate!**



Health Watch

Breast Cancer

(Part One, Part Two Next Month)



<http://www.webmd.com>

Breast Cancer Today

Breast cancer today is not what it was 20 years ago. Survival rates are climbing, thanks to greater awareness, more early detection, and advances in treatment. For roughly 200,000 Americans who are diagnosed with breast cancer each year, there are plenty of reasons to be hopeful.

Breast Cancer Symptoms

There are often no symptoms of breast cancer, but sometimes women may discover a breast problem on their own. Signs and symptoms to be aware of may include:

- A painless lump in the breast
- Changes in breast size or shape
- Swelling in the armpit
- Nipple changes or discharge
- Breast pain can also be a symptom of cancer, but this is not common.

Signs of Inflammatory Breast Cancer

Inflammatory breast cancer is a rare, fast-growing type of cancer that often causes no distinct lump. Instead, breast skin may become thick, red, and may look pitted -- like an orange peel. The area may also feel warm or tender and have small bumps that look like a rash.

Breast Cancer and Mammograms

The earlier breast cancer is found, the easier it is to treat. And mammograms, X-rays of the breast, can detect tumors before they are large enough to feel. The American Cancer Society recommends yearly mammograms beginning at age 40 for women at average risk. The U.S. Preventive Services Task Force recommends a screening mammogram every two years from age 50 to 74. It also notes that before age 50, each woman should check with a doctor to find out what screening schedule is right for her, considering the potential benefits and harms.

Breast Ultrasound and MRI

Besides a mammogram, your doctor may order additional imaging with breast ultrasound. An ultrasound can help determine the presence of cysts, fluid-filled sacs that are not cancer. An MRI may be recommended along with a mammogram for routine screening in certain women who have a higher risk of breast cancer.

Breast Self-Exams

It was once widely recommended that women check their own breasts once a month. But studies suggest these breast self-exams play a very small role in finding cancer. The current thinking is that it's more important to know your breasts and be aware of any changes, rather than checking them on a regular schedule. If you want to do breast self-exams, be sure to go over the technique with your doctor.

What If You Find a Lump?

First, don't panic. Eighty percent of breast lumps are not cancerous. Lumps often turn out to be harmless cysts or tissue changes related to your menstrual cycle. But you should let your doctor know right away if you find anything unusual in your breast. If it is cancer, the earlier it's found the better. And if it's not, testing can give you peace of mind.

Breast Biopsy

The only sure way to determine whether a lump is cancer is to do a biopsy. This involves taking a tissue sample for further examination in the lab, sometimes through a small needle. Sometimes surgery is done to take part of or the entire lump for testing. The results will show whether the lump is cancer, and if so, what type. There are several forms of breast cancer, and treatments are carefully matched to the type of cancer.

Hormone-Sensitive Breast Cancer

Some types of breast cancer are fueled by the hormones estrogen or progesterone. A biopsy can reveal whether a tumor has receptors for estrogen (ER-positive) and/or progesterone (PR-positive). About two out of three breast cancers are hormone sensitive. There are several medications that keep the hormones from promoting further cancer growth. The image shows a molecular model of an estrogen receptor.

HER2-Positive Breast Cancer

In about 20% of patients, breast cancer cells have too many receptors for a protein called HER2. This type of cancer is known as HER2-positive, and it tends to spread faster than other forms of breast cancer. It's important to determine whether a tumor is HER2-positive, because there are special treatments for this form of cancer. A HER2-positive breast cancer cell is illustrated here, with abnormal growth signals shown in green.

Breast Cancer Stages

Once breast cancer has been diagnosed, the next step is to determine how big the tumor is and how far the cancer has spread. This process is called staging. Doctors use Stages 0-4 to describe whether cancer is localized to the breast, has invaded nearby lymph nodes, or has spread to other organs, such as the lungs. Knowing the stage and type of breast cancer will help your health care team formulate a treatment strategy.

Breast Cancer Survival Rates

The odds of surviving breast cancer are strongly tied to how early it is found. According to the American Cancer Society, 88% of women with Stage 1 breast cancer live at least five years, compared with women who don't have cancer -- and many women in this group remain cancer-free for good. The more advanced the cancer, the lower this figure becomes. By Stage 4, the five-year relative survival rate declines to 15%. But these rates can improve as more effective treatments are found.

Easter Sunrise Service

We had 33 people at Easter Sunrise Service. It was cloudy, chilly and windy but the rain came after we had gone home. We had a young man from Austin that come to our service. He looked on the Internet and many churches had Easter Sunrise services—indoors. Our church service was the only one he found with an outdoor service and he checked our Website for more information. We also had several non-church members from the community that attended. Some have been coming every year. Pastor Chuck delivered a very good sermon.



PLAY BALL!

Let's go to the Round Rock Express baseball game. Thursday May 14. Game time 7:05 PM vs. Omaha Storm Chasers . Carpool departure from the LV Library at 5:30 PM. Handicap seats for walkers or wheelchairs are available. Infield Reserved tickets \$16 (\$1 discount for seniors—60 years and over) If you would like to go please contact Dan Olson at: (dolson10@austin.rr.com) or 512-267-2374.

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NEW WINDOW COVERINGS FOR WORSHIP CENTER

We are installing plastic film which looks like stained glass on acrylic sheet on eight windows in the Worship Center. The stained glass windows will depict the life of Christ from birth to death. Rodger Elliott and Donna Nash are the two people who have provided their creative skills to this project. This will add to the beauty of the worship center for worship on Sunday mornings. Donna selected the pictures to be displayed from several hundred options and Rodger made the frames utilizing his skills as a cabinet maker. The wood framing material was chosen to enhance the rustic atmosphere of the worship center. Donna Nash is shown with

the first two windows which were made as a prototype for everyone to see before material for the other six windows were ordered.

Rodger was not available for this picture. The two white boards on the wall will be removed—there are windows behind them.



Introducing...



Regina Holmes



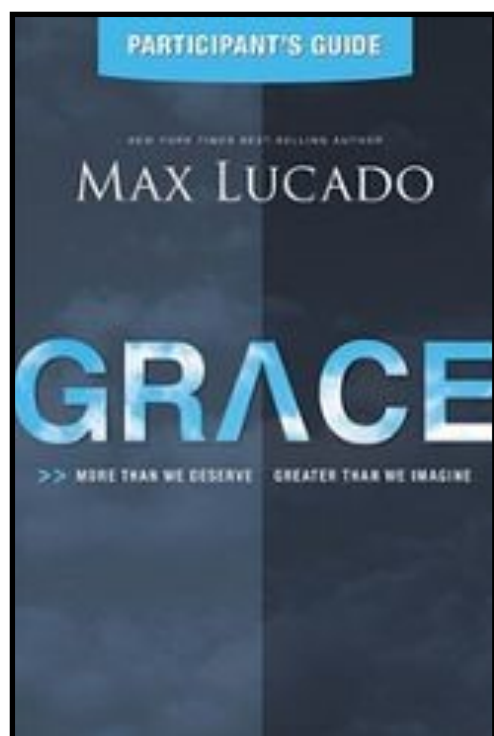
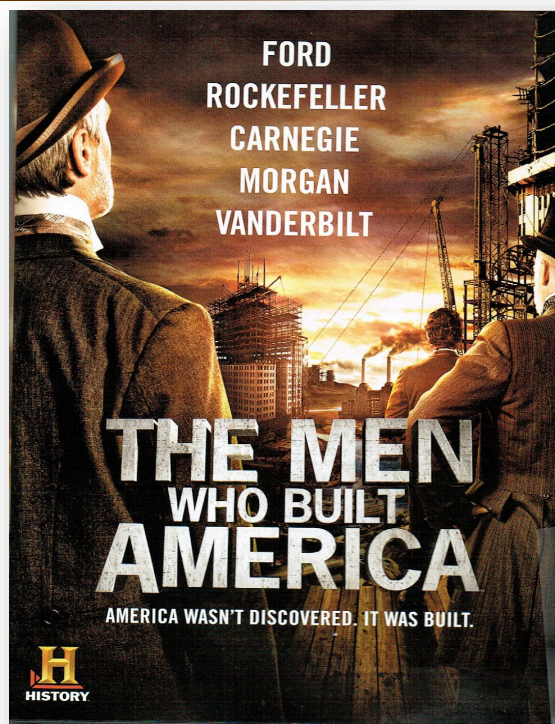
Greg and JJ Brown

Welcome Lakeside Christian Fellowship New Members!

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Men's Point Venture Breakfast Group 1st and 3rd Tuesdays at 8:30 AM Point Venture POA Club Room

At the Point Venture Men's Breakfast we are watching the History Channel program "The Men Who Built America". We have learned the history of John D. Rockefeller--oil; Andrew Carnegie-- railroads and steel; J. P. Morgan-banking, electricity and General Electric; Cornelius Vanderbilt--shipping and railroads. What happened to Thomas Edison, inventor of the electric light bulb? J. P. Morgan bought controlling stock in his company and fired Edison and changed the name of the company from Edison Illuminating Company to General Electric. Edison developed direct current electricity and refused to convert to AC which was a more powerful way to generate electricity. Come join us, we have more to learn about Henry Ford. We also serve an excellent breakfast and good fellowship!

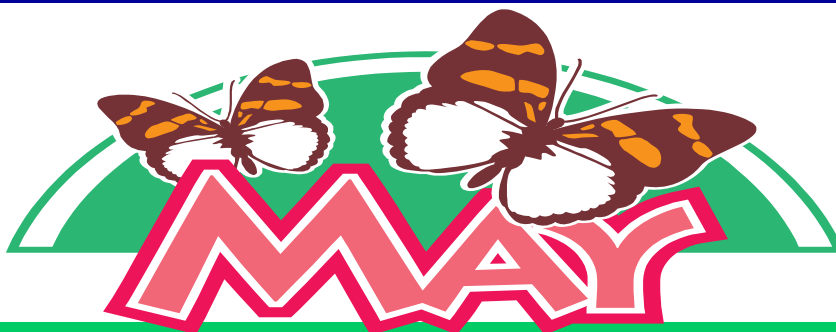


Lakeside Christian Fellowship Men's Study Group

The Lakeside Men's Study Group began a new study based on the book "Grace" by Max Lucado on Tuesday, April 14, 2015. The group meets at the Lakeside Worship Center on the second and fourth Tuesdays at 8:00 am for breakfast followed by a study time. All men of the area are invited to attend!

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Church Office Hours:
Wednesday and Thursday
from 9:30 am to 3:30 pm.



Please remember that all church activities should be scheduled on the master calendar in the church office. Thank you!

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

					1	2
3	4	5	6	7	8	9
10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center		8:30 AM Men's Fellowship Breakfast @ Point Venture Club Room	9:30 AM CWF Bible Study @ Bluebonnet Room	10:30 AM Alzheimer's Support Group @ LV Library		
10	11	12	13	14	15	16
10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center	3:00 PM Leadership Council @ Worship Center	8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center	9:30 AM CWF Bible Study @ Bluebonnet Room	6:30 PM Cancer Support Group @ LV Library 7:00 PM Round Rock Express Baseball Game		Meet @ LV Library 5/14 at 5:30 pm to carpool to the game!
17	18	19	20	21	22	23
10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center	10:30 AM Christian Women's Fellowship Monthly Meeting @ Bluebonnet Room	8:30 AM Men's Fellowship Breakfast @ Point Venture Club Room	9:30 AM CWF Bible Study @ Bluebonnet Room	10:30 AM Alzheimer's Support Group @ LV Library		
24	25	26	27	28	29	30
10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center		8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center	9:30 AM CWF Bible Study @ Bluebonnet Room			
31				For more information visit the LCF website at www.lakesidechristians.org		



Jim Bernhard	05
Beverly Olson	07
Deborah Woodlock.....	11
Dick Hemer	13
Dennis Jones	13
Pat Bernhard	17
Scott Cameron.....	19
Rick Waters.....	20
Lil Burch	24
Elaine Bhone	27
Jinny Guthrie	28
Jim Rife.....	29
Ray Burch	31

Birthdays &



Anniversaries

Dennis & Dodie Jones

May 4

Bill & Sandra Smith

May 12

Ron & Mim Hruby

May 26

If you would like your dates to be included please send your information to the church office!!

E-Mail to Linda at:

office@lakesidechristians.org

Prayer Corner
By Dayle Aulds

A Prayer About Feeling Overwhelmed by the Odds

Dear Father,

There are times when the "odds" feel quite stacked against us, as your people. With the naked eye, the enemies of justice, truth, and the gospel greatly seem to outnumber your "troops," Serving You feels quite overwhelming, at times even futile.

But just when we begin to retreat into a basement of fear or question your concern and faithfulness, once again You open the eyes of my heart and show me the way things *really* are. You're such a patient and merciful God.

Father, the odds are never really stacked against Your covenant purposes and your transforming kingdom. You're not "trying" to do anything. You never have to resort to plan B. You never hedge Your bets. You are God and there is no other.

So help us, and your servants throughout the world, not to become weary and living the Christian life, in doing justice and loving mercy. We will reap a harvest at the proper time if we do not give up (Gal. 6:9).

The gospel is all the motivation, hope, and power we need to *not* give up.

Amen.



April 23, 2015

Average Sunday Attendance.....	86
Membership.....	129 (84 families)
YTD Offerings.....	\$60,753.
YTD Expenses	\$51,903.

Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1918 American Drive, Suite 3, Lago Vista
512-267-1700, office@lakesidechristians.org

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

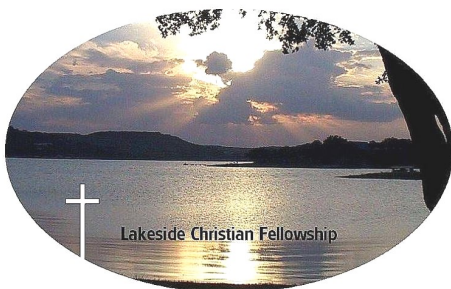
Rev. Rick Waters, Pastor
Rev. Chuck Smith, Minister of Outreach & Ministries

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