

Lakeside Christian Fellowship Ripples



FEBRUARY 2016

VOLUME IV NUMBER 2

Dear Members and Friends,

Last Sunday my sermon was about God's Amazing Grace, His unmerited favor, love, mercy and forgiveness offered to us in and through Jesus Christ. An extension of that grace is seen in the good works, the deeds that we accomplish in our daily living. Great and small, our good deeds reflect the glory of God we have experienced in our own lives. The authenticity of our faith is evidenced by what we do for others.

The scripture passage I used last week from Acts 4 depicted the amazing quality of fellowship and service of the new Christian Church in Jerusalem. Because of God's grace the Holy Spirit was actively at work in their midst—they shared life, faith and fellowship together in an incredible way. If anyone had a need, the Church moved in concert to meet that need.

Our church has responded to many needs, most of them outside our church membership. If you have not heard of the pressing need of one of our own families, the Richardsons, you soon will. This young family has been dealing with Michelle's disease for two years. She is in kidney failure and requires dialysis at home most days. She is hoping to have a kidney transplant this year thanks in no small part to her husband, Ryan, who will donate one of his kidneys in a kidney-sharing network. This disease has left them deep in debt. They have now very expensive insurance but it can't begin to cover all the costs of treatment as well as missed work. They came to us asking nothing but looking for a church home. Our church leadership is determined to lead us in doing all we can to assist this fine, deserving family.

In my opinion our response is biblical. Paul advises his readers in Galatians 6:10, "...whenever we have opportunity, let us work for the good of all, and especially for those of the family of faith. We have an opportunity to make a real difference in the lives of this young wife and mother and her husband and two young daughters. Let us pray up a storm for them and do all that we can by God's Amazing Grace.

Pastor Rick

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It's
A
Jungle
Out
There!!



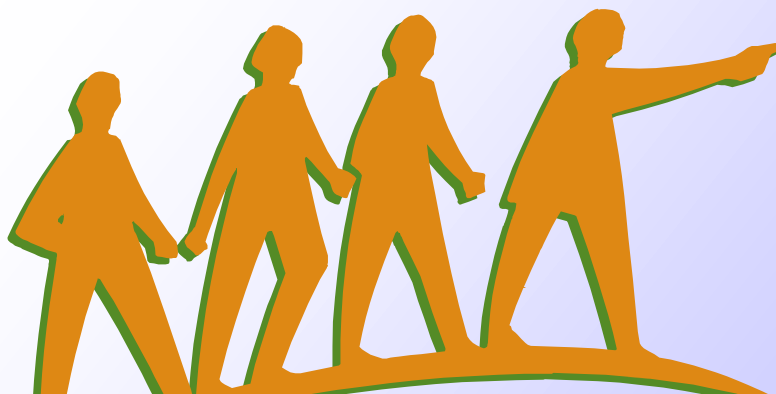
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A family of faith connecting people to Christ and to each other!

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**Lakeside Christian Fellowship
Extended Leadership Council Contact List (January 2016)**

Dan Olson - Moderator	dolson10@austin.rr.com	512-267-2374
Tom Gardner - Stewardship Commission Chair	tal953@att.net	512-267-6911
Scott Cameron - Treasurer	hscameron@sbcglobal.net	512-921-2419
Dayle Aulds - Secretary	dayle78645@att.net	512-633-2127
Rodger Elliott - Building & Grounds Commission Chair	rodger_elliott@hotmail.com	512-355-3237
June Freeman - Faith in Action Commission Chair	sfreeman12@austin.rr.com	512-267-0809
Linda Summers - Worship Commission Chair	eightbells@live.com	512-924-3121
David Freeman - Pastoral Relations Commission Chair	djfreeman@austin.rr.com	512-267-0809
Pastoral Relations Commission		
David Freeman - Chairman	djfreeman@austin.rr.com	512-267-0809
Ray Burch - Member	raylipv@aol.com	512-267-2278
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Ministries Commissions		
Chuck Smith - Ministries Coordinator	chucksmith_lv@yahoo.com	512-922-6233
Ginger Halsted - New Member Chair	vhalsted@sbcglobal.net	512-267-1628
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Rev. Chuck Smith - Minister of Outreach		
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Rev. Rick Waters - Pastor		
	rickwaters2@austin.rr.com	267-2877 & 850-7114 (M)
Linda Anderson - LCF Office Manager		
	office@lakesidechristians.org	267-1700 & 626-0797 (M)



LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for January 11, 2016

The Council met on January 11, 2016, with new members Linda Summers (Worship Commission) and Tom Gardner (Stewardship Commission) present. Absent were Scott Cameron & June Freeman. Dave Freeman is now serving as Pastoral Relations Commission. Rick Waters gave the invocation, and then Dan Olson gave his Opening Remarks.

Since this was the first meeting of 2016, he welcomed Linda and Tom and explained Dave Freeman's new position. He advised that 2015 had been a very productive year, and that now new issues were surfacing for 2016. He also had distributed to the members notebooks containing copies of the Church Constitution, Bylaws, and list of church members. He will be meeting with the renovations task force, as they are ready to move into Phase 2 of the church renovations. He will also be meeting with the Nominating Committee regarding their new procedures and goals, along with the need for a new chairperson. He reported that the church membership is now up to 138 persons, the highest number ever. He also reminded the Council members that this will be the last year of his term of office, so thoughts need to be given to his replacement beginning next year. He cautioned members to keep the dates of the Council meetings open on their calendars by not scheduling conflicting appointments.

The December 14, 2015 monthly meeting minutes were approved as distributed, as were the Congregational Meeting Minutes of November 15, 2015.

Under Commission Reports: Financial update was given by Dan Olson for Scott Cameron, and the official financial report prepared by Linda Anderson was accepted by the Council. There was no report from the Stewardship Commission, as Tom Gardner is the new chairman of that Commission, although he advised that he would be reporting on the designated expenses as the stewardship of the church. Under Building and Grounds, Rodger Elliott had no report, as no new activity had occurred.

Under Faith in Action, there was no report from June Freeman. The Pastoral Relations Update was moved to the Executive Session. Linda Summers had

a few items to discuss under the Worship Commission, and these matters were resolved. She thanked Jean Scholes for the work she will be doing to assist with the responsibilities of the Communion Steward. Under Outreach & Ministries, Chuck Smith reported that the Cancer and Alzheimer support groups had begun the new year. Also, both the women's & men's Bible studies were starting. He also gave an update on ADRN and other related ministries of the church.

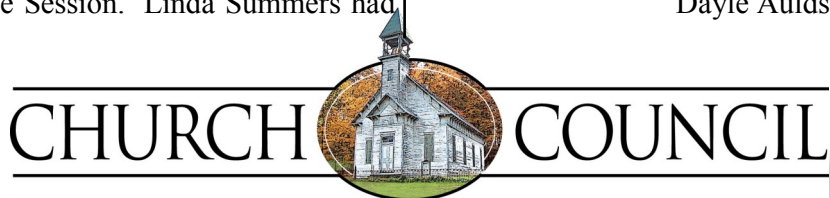
Under Old Business, it was determined that Dave Freeman and Chuck Smith would continue to negotiate with Eric Schodde regarding the needs for WEB site updating and regular maintenance. They will be bringing a proposal to the Council for the handling of these matters, including a proposed budget.

Under New Business, after a great deal of discussion about the best way to offer assistance by the church and by the individual members, it was decided that the church would set up a designated fund for contributions to the Michelle Richardson fund for her kidney transplant. More details will be forthcoming about that. After that, an offer from Jay Meierhoff for the printing of church business cards for free was accepted. There was some discussion about an Independent Review of the church's financial records, but no decisions were made.

It was also reported that a new signature card would have to be signed by all Council members, as the members who went off the Council will have their names removed, and the new members' names will have to be added. Dayle Aulds, the secretary, prepared the Resolution to be submitted to the bank. The beginning of a discussion about an Open Carry Policy was conducted but continued. The final matter on the New Business agenda was the acceptance of the resignation of Dayle Aulds as a council member, serving as secretary, due to serious health problems. The meeting adjourned at 5:03 p.m.; and the Council then went into executive session.

The next meeting will be on February 8, 2016.

Respectfully Submitted,
Dayle Aulds



Christian Women's Fellowship

Sunday, February 14th, 2016

5:00 to 8:00 PM

Point Venture Club Room



It's A Jungle

Out There

Join Us For A

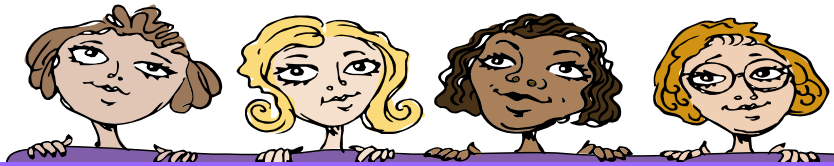
"Wild Meal"

\$15 per Ticket

Contact Lil Burch 512-267-2278



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Lakeside Christian Women's Fellowship

The Christian Women's Fellowship was called to order by Donna Nash on Monday, January 18, 2016, followed by a devotional by Barbara McClaid. After Donna gave updates on this day in history, she introduced Jan Robbins, who introduced her husband, Frank Robbins, retired assistant city manager of Lago Vista, for the program on Keep Lago Vista Beautiful (KLVB) and xeriscape landscaping. This program was in keeping with the theme of "For the Beauty of the Earth" for the year.

He first explained KLVB as a volunteer organization dedicated to enhancing and preserving the natural Hill Country charm of Lago Vista through progressive community project (the email site is klvb-contact@gmail.com). He showed photographs taken around the city where the group has been at work and will continue to be working to use xeriscaping to beautify the city-owned areas around the town. He explained it's a group of volunteers who go around the city and do their work to use materials and plants native to the area to keep it beautified. One of the projects he especially referred to is the new use of rain barrels, with examples around the library. There are pamphlets available as to how to use rain barrels, which are effective and inexpensive sources of water. They are also beginning to use plant identifications signs to help people identify those plants they might want to use in their landscaping.

The second project of KLVB is the Adopt a Street Program, where citizens volunteer to keep a street, a block, an area free from trash. He said that percentage-wise, Lago Vista has the largest number of persons involved in its program as compared to the rest of the state.

He had an interesting and extensive slide show presentation of various types of landscaping methods, such as terracing, using rocks and native plants, putting down mulch, making islands in yards, using driftwood, etc. He also listed many of the types of materials that can be used, and he showed photo-

graphs of homes and public places around the community illustrating all of the suggestions he was making. Plant materials include many, many native plants, lantana, oleanders, palm trees, yucca, agave, grasses, vines, rosemary, sage, succulents, and many more. He continually emphasized that although some plants may be named as being deer-resistant, that is not always the case, and caution must be used in determining whether or not any one area of plantings are, in fact, deer resistant.

He suggested the Green Center, on Hwy 1431, where, on the first Saturday of every month, citizens can take brush to, which will then be mulched. He said it is possible to take a load of the mulch, dump it there, and take away a load. There are tips available on the proper uses of mulches and the other things suggested.

It was an extremely interesting and useful program that gave the ladies many ideas and an enjoyment of seeing some of the homes and locations around the community that have been well landscaped.

After the program, the meeting returned to the business meeting, including the Treasurer's Report. There was extensive discussion about some opportunities for making donations, especially to the Michelle Richardson Designated Fund for her kidney transplant surgery.

After the blessing of the singing of the first verse of "For The Beauty of the Earth," there was a brown-bag lunch, and the hostesses for the day were Regina Holmes and Barbara McClaid. The next meeting will be Monday, February 15, 2016, at the Bluebonnet Room at the corner of Boggy Ford and American Drive.

Dayle Aulds





Health Watch

Your Guide to Eating Healthy Carbs

From WebMD.com



Make the Right Choice

Think of carbs as raw material that powers your body. You need them to make sugar for energy. They come in two types: simple and complex. What's the difference? Simple carbs are like quick-burning fuels. They break down fast into sugar in your system. You want to eat less of this type. Complex carbs are usually a better choice. It takes your body longer to break them down.

Read the "Fine Print"

Nutrition labels offer an easy way to spot added sugar, the source of simple carbs that you want to cut back on. Just look for words that end in "ose." The chemical name for table sugar is sucrose. Other names you might see include fructose, dextrose, and maltose. The higher up they appear in the ingredients list, the more added sugar the food has.

Just Avoid Simple Carbs?

Well, it's not quite that easy. Foods that have been processed with added sugars generally aren't as healthy a choice, it's true. But simple carbs occur naturally in some foods that are part of a balanced diet. For example, most milk and other dairy products contain lactose, or milk sugar.

Get Smart About Bread

Does your loaf have the complex carbs that are good for you? It depends on the grain used to make it. Look for bread made with whole grains. Barley, rye, oats, and whole wheat are some top choices.

What About Fruit?

They're sweet, which must mean they have simple carbs, right? That's true, but they're still a healthy choice. They've got fiber in them, which helps slow the breakdown of sugar. Plus, most are a good source of nutrients like vitamin C and potassium.

Fruits with skins or seeds you can eat, such as pears, apples, and berries, are especially high in fiber.

Watch What You Drink

That soda you're sipping could be a sneaky source of simple carbs. That's because non-diet sodas contain a sweetener, often high-fructose corn syrup. It's right there on the nutrition label, usually one of the first ingredients listed. Twelve ounces of a regular soda can pack 39 grams of carbs, all coming from the sugar in it.

Think Fall

Many of the foods you associate with autumn are great sources of complex carbs.

Try starchy vegetables such as sweet potatoes, squash, and pumpkin.

Sweeten With Caution

You can quickly load up on simple carbs if you're not careful about what you stir into your hot drink or put on your oatmeal. Go easy on brown sugar, maple syrup, honey, and molasses. And don't overdo it on fancier-sounding sweeteners, like turbinado and agave nectar. They're also sources of simple carbs.

Bring on the Beans

They're a good way to get complex carbs. Whether you choose kidney, white, black, pinto, or garbanzo, beans have lots of fiber. While you're on that aisle in the grocery store, think about picking up some lentils or split peas, another way to add complex carbs to your diet.

Great Grains to Try

Maybe you've heard of quinoa, the whole grain from South America. Some other new-to-you whole grains are becoming more widely available, and they can be a good choice to get complex carbs in your diet. Some grains to look for are millet, a staple from Africa and Asia, bulgur, which is used in Middle Eastern dishes, and triticale, a hybrid of wheat and rye.

Which Kind of Rice?

You're ordering Chinese food and the restaurant asks, "White rice or brown?" Which should you choose? White rice is a "refined" grain, meaning it has lost some key nutrients during processing, like fiber. But brown rice is a whole grain, a good source of complex carbs.

A Guilt-Free Treat

It seems too good to be true, but you can believe it: Popcorn is a whole grain. That means it's got complex carbs and fiber. Your healthiest choice is air-popped, without any added fat and salt. Season it with your favorite dried herbs and spices instead.



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Men's Breakfast

Tuesday, February 2, 8:30 AM
Point Venture Community Center

Final series about earth from space!

Strikes of life—lightning
Magnetic field—sun bursts
Looking to the future

“Earth from Space”



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*Flowers -
One of God's most
beautiful gifts to us!*

Remember your loved ones, celebrate a special occasion, rejoice in our church by supplying the flowers for our worship service. If you would like to provide flowers for a Sunday service please sign up on the Flower Chart posted on the bulletin board in the Worship Center and contact Mary Ann Childs at 512-517-3231 to place your order. Let the church office know if you would like something printed in the bulletin for your special occasion!



"We were on the way out the door before I remembered I needed something for the Valentine party at Sunday school"

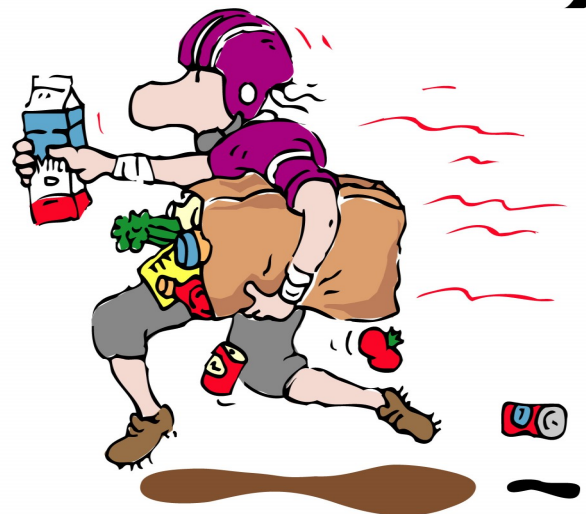


**Souper Bowl
Outreach**

Please help give the needy a meal through HCCM!!

Bring your canned and packaged goods to church on Sunday, February 7th. Place them in the containers for your team pick. We will see who wins!!

Souper Bowl Sunday



Donating to the various charities supported by Lakeside Christian Fellowship

By Rev. Chuck Smith

As you well know our church supports several faith-based non-profit organizations. Pastor Chuck has been asked to clarify the many ways that you can donate to these entities.

First of all if you are providing a financial contribution, it is best that you contact them directly by sending your check to them. At times throughout the year when natural disasters occur, our church provides financial assistance. At those times, you can donate through the church by designating in the memo section of your check what the check is for. You will get a statement at the end of the calendar year for your taxes. It is important to note that the statement cites that it is a donation to this church and not to the entity itself.

Second, if you are donating items such as clothing or large items such as furniture, working appliances, bed frames and so forth, there are two ways to get these items to them, you can contact either June Freeman, Faith in Action Chair or Pastor Chuck to arrange to have these items picked up and taken to the charity or you can arrange with the charity for pick up. Be aware that some charities will not come and pick up your donation. Pastor Chuck has provided the telephone numbers and addresses of the charities that we support at the close of this article. You need to be aware that you have no say in the distribution of these items. If you want a say in the distribution, you can contact Pastor Chuck to see if he is aware of a needy family. Please contact Pastor Chuck if you would like to be a Shepherd for ADRN.

Third, all of these entities provide proof of donation for your tax records. Before you leave make sure that you have this document for your tax records.

Finally, thank you all for your support throughout the year. We try to be cognizant of your own needs and thereby try to keep our requests for donations above and beyond your tithes which do go to support others through the Power of One or More benevolence vehicle as well as the Pastor's Discretionary Funds provided in the budget.

Austin Disaster Relief Network (ADRN):

<http://www.adrntx.org>; 1122 E. 51st Street, Austin, Texas 78723 (*Entrance to the office is facing 51st Street*); Office Number: 512-428-6322; Typical Office Hours: 9AM-5PM, Monday – Friday; collect most all items, please call before showing up with your items.

Hill Country Community Ministries

(HCCM): www.hccm.org; 1005 Lacy Drive Leander, TX 78641; **Mailing Address:** P.O. Box 1064, Leander, TX 78646-1064; Phone: 512-259-0360; frontdesk@hccm.org; **Hours:** Monday through Friday, 9 a.m. to 12 noon and 1 to 3 p.m. HCCM collects Pantry Items directly or through Lakeside Christian Fellowship – a large container is in the back of the Worship Center for canned goods. HCCM also collects clothing Pastor Chuck is the incoming President of HCCM and June Freeman (FIA) can be contacted for items going to HCCM.

Heroes Night Out: Founded by Wes Pierce, this organization helps veterans. They are not a food pantry or clothes closet. <http://heroesnightout.org>; **Hours:** Monday – Friday 9:00am – 4:00pm; 1150 S. Bell Blvd., Cedar Park, TX 78613; 512-986-7660.



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Church Office Hours:
Wednesday and Thursday
from 9:30 am to 3:30 pm.

FEBRUARY

Please remember that all church activities should be scheduled on the master calendar in the church office.
 Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 8:30 AM Men's Fellowship Breakfast @ PV Club Room	3 9:30 AM CWF Bible Study @ Bluebonnet Room	4 10:30 AM Alzheimer's Support Group @ LV Library	5	6
7 10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center	8 3:00 PM Leadership Council @ Worship Center	9 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center	10 9:30 AM CWF Bible Study @ Bluebonnet Room	11 6:30 PM Cancer Support Group @ LV Library	12	13
14 10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal 5:00-8:00 PM Christian Women's Fellowship Annual Dinner @ PV Club Room	15 10:30 AM Christian Women's Fellowship Monthly Meeting @ Bluebonnet Room	16 8:30 AM Men's Fellowship Breakfast @ PV Club Room	17 9:30 AM CWF Bible Study @ Bluebonnet Room	18 10:30 AM Alzheimer's Support Group @ LV Library	19 	20
21 10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center	22 6:00 PM Hill Country Singers Rehearsal @ Worship Center	23 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center	24 9:30 AM CWF Bible Study @ Bluebonnet Room	25 	26	27
28 10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center	29	<p>For more information visit the LCF website at www.lakesidechristians.org</p>				



Frank Robbins	1
Bob Lehigh	2
Sharon Killough.....	5
Page Massey	6
Hank Riemer	7
Jim Wood.....	9
Don Shafford.....	16
Frank Smith.....	20
Mary Ann Childs	22
June Freeman	24
Carolyn Schodde.....	24

Jim & Pat Bernhard 2/11

Birthdays &



Anniversaries

If you would like your dates to be included please send your information to the church office!!

E-Mail to Linda at:
office@lakesidechristians.org

Prayer Corner By Dayle Aulds

All prayers are edited and adapted from *Everyday Prayers*,
by Scotty Smith

A Prayer About Ordained Days and Thoughts of God

"In Your book were written, every one of them,
the days that were formed for me,
when as yet there were none of them.
How precious to me are Your thoughts, O God!
How vast is the sum of them!
If I would count them, they are more than the sand.
I awake, and I am still with you." Psalms 139:16-18

Dear Loving Father, It's a source of incredible peace and freedom to know that you've ordained all of my days for me. That feels not like unfair fatalism but rather Fatherly affection. I'll not live one day more or one day less than You decree, by Your sovereign purposes and eternal pleasure. I choose to rest in Your love rather than stew in my regrets. I have great confidence and hope in your commitment to make all things new. In the matchless name of Jesus, amen.

January 24, 2016

Average Sunday Attendance.....	92
Membership.....	138 (90 families)
YTD Offerings.....	\$15,312.
YTD Expenses	\$13,858.

Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1918 American Drive, Suite 3, Lago Vista
512-267-1700, office@lakesidechristians.org

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

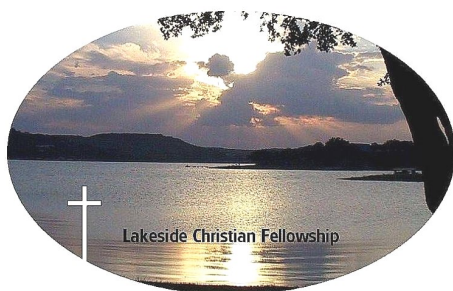
Rev. Rick Waters, Pastor
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